Rita's Care at Home LLC

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August 2026 Newsletter • www.RitasCareAtHome.com
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We're Celebrating Our 17th Birthday!

By Rita Huffer, Owner and Operator

I am so proud to say that this month is our 17th birthday! I started work in senior care over 30 years ago and, 17 years ago, founded Rita's Care at Home to help seniors stay in their homes.

If you're like me, you love your home, with all its "stuff" and special memories. You're very comfortable there and don't want to uproot yourself for another lifestyle. I started my company to provide friends/caregivers to help you remain in your home.

Over the years my staff and I have met and helped so many interesting seniors and families: music celebrities, business professionals, government dignitaries as well as sweet grandparents, moms and dads. It's not always easy to meet everyone's specific needs, and we're not perfect. However, we have always bent over backwards to provide the very best care and attention possible.

My amazing staff are the reason we can provide consistent, reliable care as well as 24/7 on-call capability. Many of these awesome people have been with me for years and I can't say enough good things about all of them!

I'm especially appreciative of our clients and their loved ones who have chosen us to provide their care. I'm not able to meet and get to know each of them like I did when we were smaller, but I do keep up with the care we're providing to each person.

Happy Birthday to us – and here's to 17 more years of providing good care!



Rita Huffer, holding Stevie the dog, started Rita's Care at Home 17 years ago.



Employee Spotlight: Lyrik Hodges

As Office Manager for Rita's Care at Home, Lyrik makes sure everyone is cared for and that our operation runs smoothly. "The most fulfilling part of my job is when I can reassure clients that their loved ones will be in good hands and that the stress will be taken off their shoulders," she said.

Lyrik has been with Rita's Care at Home for 11 years. She started as a caregiver, then worked as a supervisor, and then was promoted to office manager.

At home, Lyrik and her husband Zachary have five cats and one dog. Zachary and Lyrik met at MTSU, marrying during their last semester of college. Their favorite activities are cooking dinner at home or seeing a movie at the Belcourt Theatre.

Here at Rita's Care at Home, we take great pride in providing excellent care to our clients and also giving peace of mind to the family. Lyrik is a treasured member of our staff - thank you, Lyrik, for all you do!